

Fermanagh Area Post Primary Menu WEEK 2 & 4

	Monday	Tuesday	Wednesday	Thursday (RMF)	Friday
Soup	Homemade Vegetable OR Bacon & Broccoli	Homemade Chicken & Vegetable OR Leek & Pot	Homemade Vegetable OR Butter Squash	Homemade Chicken & Vegetable OR Plum Tomato	Homemade Vegetable OR Roast Pepper
Main Courses	Macaroni Cheese & G' Bread Breast of Chicken Curry with Boiled Rice & Naan Bread	Breast of Chicken Curry with Boiled Rice & Naan Bread Chicken Pie	Homemade Margherita Pizza Chicken Curry/Chilli Beef with Boiled Rice & G' Bread	Roast Breast of Chicken/Gammon Dinner Vegetarian Quiche	Macaroni Cheese Steamed Fish Parcel
Special	Spiced Chicken Fajita	Chilli Con Carne & Boiled Rice/ Homemade Beef Bolognaise	Southern Spiced or Plain Chicken Wrap	Sweet Chilli Chicken/Cheesy Bead Loaded Jacket Potato	Chicken Fillet in Pepper Sauce With Boiled Rice
Grab & Go /Snacks	Oven Baked Fish Chicken Nuggets Hot Dog	Steak Burger Fish Fingers Homemade Margherita Pizza	Steak Burger & Bap Sweet Chilli Paninis Chicken Goujons	Chicken Fillet Burger Pork Slider Chicken Curry Wrap	Tomato Pasta Spirals Hot Dog Sweet Chilli Chicken Panini
Vegetables & Potatoes	Garden Peas Diced Carrot Mashed Potato Chips Baked Beans Salad Selection	Garden Peas/Sweetcorn Diced Carrot Broccoli Florets Oven Roast Herb dice Baked Beans Salad Selection	Sweetcorn Broccoli Florets Chips Mashed Potato Baked Beans Salad Selection	Diced Carrot Broccoli/ Cauliflower Florets Mashed Potato Oven Roast Potato Salad Selection	Garden Peas/Sweetcorn Baked/Mashed Potato Chips Baked Beans Coleslaw Salad Selection
Desserts	Selection of Dessert incl. Ginger Biscuit Fresh Fruit Fresh Yoghurt	Selection of Dessert incl. Jelly & Ice Cream Homemade Brownie Fresh Fruit Fresh Yoghurt	Selection of Dessert incl. Chocolate Sponge Ice Cream & Jelly Fresh Fruit Fresh Yoghurt	Selection of Dessert incl. Strawberry Mousse Rice Pudding/ Chocolate & Orange Sponge Fresh Fruit Fresh Yoghurt	Selection of Dessert incl. Flakemeal Biscuit Fresh Fruit Fresh Yoghurt

Vegetarian Options Available at Counter

Salad & Sandwiches Available Daily

Fresh Fish May Contain Bones